

Application

WAIVER: I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns, and all other persons associated with the event for my all liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event. **I also agree for the safety of those entered, in the event of unforeseen circumstances; dangerous, threatening, or potentially harmful weather conditions, which cause the race to be cancelled, NO refunds will be given and NO make-up date will be scheduled.**

First Name MI

Last Name

Number and Street

Town/City

State/Prov. ZIP/Postal Code

Sex Age Phone

Email

Team name (if applicable)

Name of running club, for \$5 discount (no duplicate discounts)

Signature

Parent Signature (if under 18)

SHIRT SIZE (check one) ☐ S ☐ M ☐ L ☐ XL ☐ 2XL

I would like to make a donation \$ _____

Western New York Running Hall of Fame Inductees



Class of 2011

John Beishline
Mark Finucane
Emery Fisher
Bob Ivory
Jennifer Colgove-Martin

Nancy Mieszcza
Don Mitchell
David O'Keeffe
John Tuttle
Ralph Zimmermann

Class of 2012

Mike Beebe
Gloria Brown
Bob Carroll
Jim Dunlop Jr.
Bill Mangan

Class of 2013

John Chew
Charlie Kern
Vicki Mitchell
Bernie Prabucki
Carl Roesch

Class of 2014

Mike Diggins
Jackie Murzynowski
Richard Sullivan
Henry Syniewski
Mary Wittenberg

Class of 2015

Tom Donnelly

Class of 2016

Matt Hellerer
Edna Hyer
Jesse Kregal

Class of 2017

Sue Schaefer-Morgan
Jim Nowicki
Alex Trammell

Class of 2018

Judy Arlington
Jeff John
Bridget Niland

Class of 2019

Lewis "Deerfoot" Bennett
Fred Gordon
Jack Meegan

Class of 2021

Amy Fakterowitz
Mike Heitzenrater
Tony Napoli

Class of 2022

Allison Carr
John Grandits
Bill Maloney

Class of 2023

Lanny Doan
Paul Hulme
Nolan Swanson

The Tom Donnelly Hall of Fame 5K

Friday

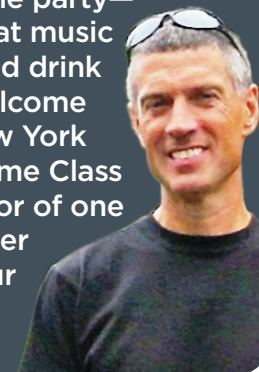
September 1, 2023

6:30 p.m.

PRESENTED BY



Buffalo's incomparable Labor Day weekend tradition of fine racing, great food and drink, and enjoying a late-summer night with good friends on the Parkway continues. Take advantage of the PR-friendly course, then join the party—complete with great music and all the food and drink you like—as we welcome in the Western New York Running Hall of Fame Class of 2023. All in honor of one of the area's premier ambassadors of our favorite sport.



PREMIUM ITEM

Quality technical shirts to the first 300 registered runners.

AWARDS

Awards to the top three in the following age groups (male and female):
14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+.

No duplication of individual awards.

PACKET PICK-UP AND RACE DAY REGISTRATION

Friday, September 1, 3-6:15 p.m. near the corner of Elmwood Avenue and Bidwell Parkway.

ENTRY FEES

- \$30 Pre-race – must be postmarked by August 31
- \$35 Race day (cash, check, credit card)
- \$15 High school students (no T-shirt)

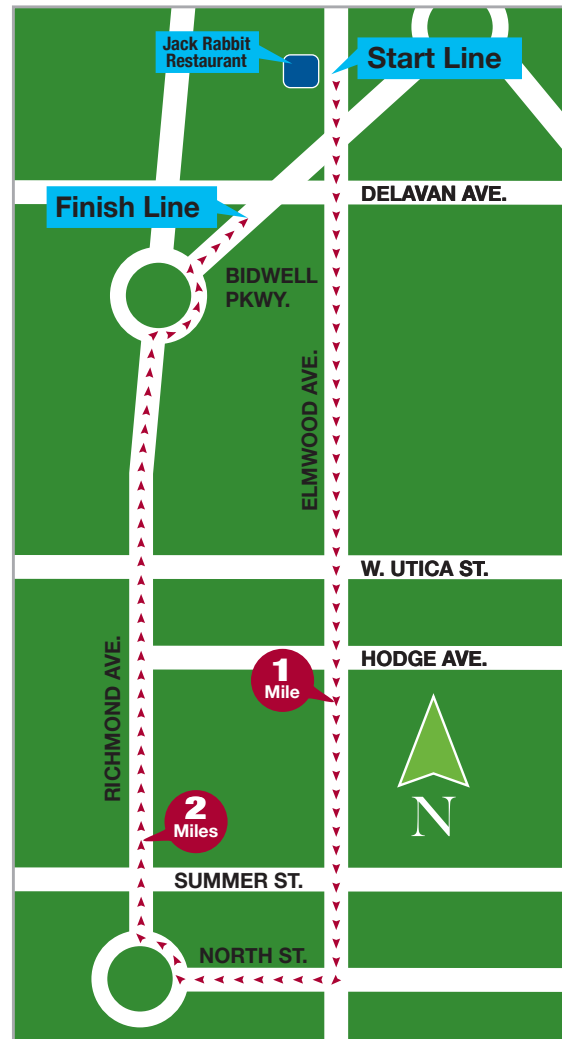
CHECKS PAYABLE AND MAIL TO

Hall of Fame 5K
115 Lorna Lane
Tonawanda, NY 14150

ONLINE REGISTRATION

Available at wnyrunninghof.com

Hall of Fame Race Course



COURSE RECORDS

Ivan Gomez, 14:25 (1997)
Vicki Mitchell, 16:15 (1994)



USATF-certified course
(NY22019JJ)

THANK YOU, SPONSORS!



Bond Lake Running Club
Checkers Athletic Club
Feel Rite Fresh Markets
Feroletto Law
Flying Bison Brewing Company
Greater Buffalo Track Club
Lancaster Striders
NFTA
Tops Friendly Markets

Jim Kenney
Jim Nowicki
Susan Ritter Panaro